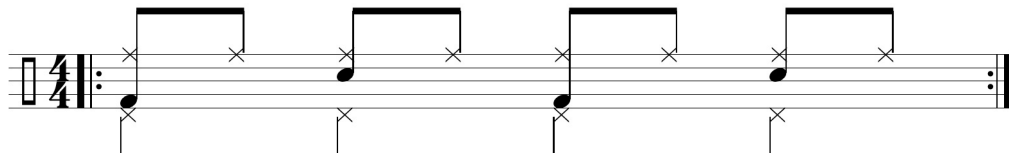


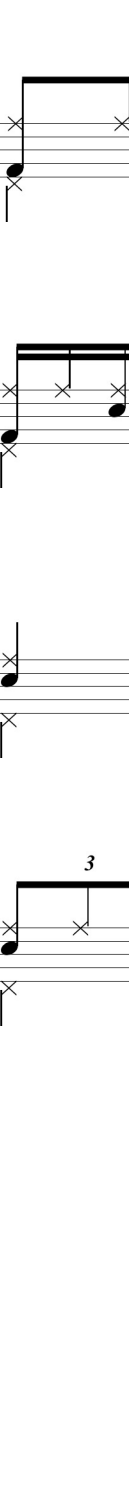


The Basics

1. 

2. 

3. 

4. 

Metric Modulation

Basic Groove

1.

Triplet Modulation

2a.

2b.

3.

Dotted 8th Note Modulation

4a.

4b.

5.