

The Train Beat

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1.

R L R L R L R L R L R L R L R L

2.

R L R L R L R L R L R L R L R L

Train Beat Variations

3.

R L R L R L R L R L R L R L R L

4.

R L R L R L R L R L R L R L R L

5.

R R L R L L R L R R L R L L R L