1. Single Stroke Roll

2. Single Stroke Four

3. Single Stroke Seven

4. Multiple Bounce Roll

5. Triple Stroke Roll

6. Double Stroke Roll

7. Five Stroke Roll

8. Six Stroke Roll

9. Seven Stroke Roll

10. Nine Stroke Roll

11. Ten Stroke Roll

12. Eleven Stroke Roll

13. Thirteen Stroke Roll

14. Fifteen Stroke Roll

15. Seventeen Stroke Roll

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40 Rudiments

Paradiddle Rudiments

16. Single Paradiddle

```
> |
R L R R L R L L |
```

17. Double Paradiddle

```
> |
R L R L R L R L L |
```

18. Triple Paradiddle

```
> |
R L R L R L R L L |
```

19. Paradiddle-Diddle

```
> |
R L R L R L R L L R |
```
20. Flam

21. Flam Accent

22. Flam Tap

23. Flamacue

24. Flam Paradiddle

25. Single Flammed Mill

26. Flam Paradiddle-Diddle

27. Pataflafla

28. Swiss Army Triplet

29. Inverted Flam Tap

30. Flam Drag
Drag Rudiments

31. Drag

32. Single Drag Tap

33. Double Drag Tap

34. Lesson 25

35. Single Dragadiddle

36. Drag Paradiddle #1

37. Drag Paradiddle #2

38. Single Ratamacue

39. Double Ratamacue

40. Triple Ratamacue

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